

REFERENCES

Inés Monguió, Ph.D.

Juvenile Fitness and Mitigation: Parental Influences in Development and Drug Use

Abu-Saad, K. and Fraser, D. (2010) Maternal Nutrition and Birth Outcomes.

Epidemiologic Reviews, **32**, 5–25, <https://doi.org/10.1093/epirev/mxq001>

Barker ED, Jaffee SR, Uher R, Maughan B. (2011) The contribution of prenatal and postnatal maternal anxiety and depression to child maladjustment. **Depression and Anxiety**, **28**, 696–702

Bergman K, Sarkar P, O'Connor TG, Modi N, Glover V. (2007) Maternal stress during pregnancy predicts cognitive ability and fearfulness in infancy. **Journal of the American Academy of Child and Adolescent Psychiatry**, **46**, 1454–1463

Blakemore, S-J and Choudhury, S. (2006) Development of the adolescent brain: Implications for executive function and social cognition. **Journal of Child Psychology and Psychiatry**, **47**, 296–312

Blakemore S-J and Robbins T J (2012) Decision-making in the adolescent brain. *Nature Neuroscience*, **15**, 1184-1191

Buckner, J D, and Carroll, K M (2010) Effect of anxiety on treatment presentation and outcome: Results from the Marijuana Treatment Project. *Psychiatry Research*, **178**, 493–500

Canadian Paediatric Society (2004) Maternal depression and child development.

Paediatric Child Health. **9**, 575–583

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2724169/>

Compas, B E, Connor-Smith, J K, Saltzman, H et al., Alexandra Harding Thomsen, and Martha E. Wadsworth (2001) Coping With Stress During Childhood and Adolescence: Problems, Progress, and Potential in Theory and Research. *Psychological Bulletin*, **127**, 87-127 <http://vk.mc.vanderbilt.edu/stressandcoping/wp-content/uploads/2014/11/Compas-et-al.-Psychological-Bulletin-2001.pdf>

Crews F T, He J, and Hodge C. (2007) Adolescent cortical development: a critical period of vulnerability for addiction. *Pharmacology, Biochemistry, and Behavior*, **86**, 189-199

Davis, E, Sandman, C A (2010) The Timing of Prenatal Exposure to Maternal Cortisol and Psychosocial Stress is Associated with Human Infant Cognitive Development. *Child Development*, **81**, 131–14

Elliott, I. (June 2016) Poverty and Mental Health: A review to inform the Joseph Rowntree Foundation's Anti-Poverty Strategy. London: Mental Health Foundation.
<https://www.mentalhealth.org.uk/sites/default/files/Poverty%20and%20Mental%20Health.pdf>

Ellman, L M, Dunkel Schetter, C, Hobel, C J et al. (2008) Timing of fetal exposure to stress hormones: effects on newborn physical and neuromuscular maturation. *Developmental Psychobiology*, 50, 232–241

Gerardin P, Wendland J, Bodeau N, et al. (2011) Depression during pregnancy: is the developmental impact earlier in boys? A prospective case-control study. *Journal of Clinical Psychiatry*, 72, 378–87.

Glasheen C, Richardson GA, Fabio A. (2010) A systematic review of the effects of postnatal maternal anxiety on children. *Archives of Women's Mental Health*, 13, 61–74.

Juster R P, McEwen B S, Lupien S J. Allostatic load biomarkers of chronic stress and impact on health and cognition. **Neuroscience and Biology Review** 35, 2-16
https://www.researchgate.net/publication/26887860_Juster_RP_McEwen_BS_Lupien_S_J_Allostatic_load_biomarkers_of_chronic_stress_and_impact_on_health_and_cognition_Neurosci_Biobehav_Rev_35_2-16 [accessed Jun 6, 2017].

Kajantie, E and Phillips, D I W (2006) The effects of sex and hormonal status on the physiological response to acute psychosocial stress *Psychoneuroendocrinology* 31, 151–178

Karoly, P. (1993) Mechanisms Of Self-Regulation: A Systems View. **Annual . Review, Psychology**, 44, 23-52.

Kinsella, M T and Monk, C (2009). Impact of maternal stress, depression & anxiety on fetal neurobehavioral development. **Clinical Obstetrics and Gynecology**, 52, 425–440.

Lupien, S J, et al. (2009) Effects of stress throughout the lifespan on the brain, behaviour and cognition. **Nature Reviews | Neuroscience**, 10 , 434-445.
<http://actinogen.com.au/wp-content/uploads/2017/06/Lupien-et-al-2009-Effects-of-stress.pdf>

McEwen, B.S. (2007) Physiology and Neurobiology of Stress and Adaptation: Central Role of the Brain. **Physiological Reviews**, 87, 873-904.
<http://physrev.physiology.org/content/87/3/873.long>

Muraven, M. and Baumeister, R.F. (2000) Self-Regulation and Depletion of Limited Resources: Does Self-Control Resemble a Muscle? **Psychological Bulletin**, 126, 247-259.

Jennifer Robinson, MA; Jitender Sareen, MD, FRCPC; Brian J. Cox, PhD; et al James M. Bolton, MD, FRCPC (2011) Role of Self-medication in the Development of Comorbid Anxiety and Substance Use Disorders: A Longitudinal Investigation. **Arch Gen Psychiatry**, 68, 800-807.
<https://jamanetwork.com/journals/jamapsychiatry/fullarticle/1107248>

Stein, A, Pearson, R M, Goodman, S H, Rapa, E, Rahman, A, McCallum, M, M Howard, L M, Pariante C M (2014) Effects of perinatal mental disorders on the fetus and child. **Lancet**, **384**, 1800–1819

Steinberg, L (2006). Cognitive and affective development in adolescence. **Trends in Cognitive Sciences**, **9**, 69-74

Shrivastava, A., Johnston, M. and Tsuang, M. (2011) Cannabis use and cognitive dysfunction. **Indian Journal of Psychiatry**, **53**, 187–191.

Thayer, R.E. (1978) Towards a psychological theory of multidimensional activation (arousal). **Motivation and Emotion**, **2**, 1-34.

Thayer, R.E., Newman, J.R., and McClain, T.M. (1994) Self-Regulation of Mood: Strategies for Changing a Bad Mood, Raising Energy, and Reducing Tension. **Journal of Personality and Social Psychology**, **67**, 910—925.

Volkow, N D and Morales, M. (2015) The Brain on Drugs: From Reward to Addiction **Cell**, **162**, 712-725.

<https://www.sciencedirect.com/science/article/pii/S0092867415009629>

Young AM, Glover N, Havens JR. (2012) Nonmedical Use of Prescription Medications Among Adolescents in the United States: A Systematic Review. **Adolescent Health**, July 2012, Volume 51, Issue 1, Pages 6–17 [http://www.jahonline.org/article/S1054-139X\(12\)00022-5/fulltext](http://www.jahonline.org/article/S1054-139X(12)00022-5/fulltext)